



ASQUITH PRIMARY SCHOOL & NURSERY

Asquith Street

Mansfield

Notts NG18 3DG

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Years 4 Only

15th June 2026

Dear Parents/carers

As part of the National Curriculum, your child will be taught Relationship and Sex Education (RSE) this half-term.

This is a mandatory part of the curriculum.

We wanted to inform you of what your child will be learning to ease any anxieties and so you can continue the conversation with your child at home in full knowledge of what they have been taught in school.

A Year 4 child will have the following outcomes:

- Understand that puberty is an important stage in the human lifecycle
- Know some changes that happen during puberty
- Know about the physical and emotional changes that happen in puberty
- Understand that children change into adults to be able to reproduce if they choose to
- Know that respect is important in all relationships including online
- Explain how friendships can make people feel unhappy or uncomfortable.

More information about our RSE policy and the learning taking place can be found on our website at:

<https://www.asquith.notts.sch.uk/phserse-1/>

Please speak to your child's class teacher if you have any further questions.

Yours sincerely,

Deputy Head Teacher