

*D*ance Clubs for children aged

2-14 *years*



The focus of these sessions is to have fun, build confidence, improve coordination & balance. To encourage a love for movement to music with simple choreography.

Offering a safe & welcoming environment for everyone.

Make new friends & feel part of a team.

All about fitness & dance is so much more than just a dance class but equally we are not a dance school so joining a club means no pressure of exams, competitions or big shows. However we do regular small in-house performances so that children can work towards earning special achievement & participation awards for their hard work,

This is a true highlight of our calendar.



*D*ance clubs on offer :

9am- Movers 4-7years £6 per session (45m)

10am-Mini Movers 2-4years £4 per session (35m)

10:45am-Dance Mix 8 years +, £6.50 per session (1hr)

Saturday mornings at St Lawrence's Church Hall

Get in touch to book a free taster,

Classes run in blocks of approx 6 weeks & payment is taken up front for the full term

Email clare@all-about-fitness.co.uk

Find out more scan to watch a short video showing sessions in action.
Email clare for further details.

