



Healthy Family Team Newsletter for Primary Schools



hello
WINTER



AHOJ
iHOLA
HELLO
MERHABA
TERE
HALLO
OLA
HEJ
HALO
KUMUSTA
BONJOUR

Hi!

We just wanted to say a big hello and remind you about the services on offer locally to support families.

Nottinghamshire

Parentline

Text 07520 619919

This is a text messaging service delivered by the Healthy Family Team for parents and carers.

Monday to Friday,
from 9am to 4.30pm

*it's **OK** to
ASK for **HELP**

Nottinghamshire

Advice Line

Telephone

0300 123 5436

This is for parents, carers and practitioners who want to speak to the Healthy Family Team for advice or support.

Monday to Friday, from 9am to 4.30pm

Nottingham City Contact

This is for parents, carers and practitioners who want to speak to the Children's Health Advice Hub for advice or support.

Call: 0300 300 0040

Doncaster Contact

This is for parents, carers and practitioners who want to speak to the Doncaster Health Visiting Team for advice or support.

Call: 0300 021 8997



SEND



The Healthy Family Team may be able to contribute to EHCP requests and Annual reviews when actively working with your child/young person or where they have been involved within the last 12 months. Please inform your EHCP case worker or school Senco if input is required.

SUPPORT

NOTTSHELPHYOURSELF.ORG.UK
is the local offer for Nottinghamshire.
www.nottshelpyourself.org.uk
CALL: 0300 500 80 80



Winter

Was this resource useful?
All feedback is appreciated.

Please contact The Health Promotion Team:

Call: 0115 8760136

Email: HealthPromotionTeam@nottshc.nhs.uk



Health for Kids!
Nottinghamshire Healthcare NHS Foundation Trust

Staying Healthy Illness Feelings Getting Help

A fun and interactive resource for learning about health

Games Activities Quizzes

Psst! Parents!
As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

www.healthforkids.co.uk

Follow us: [Nottinghamshirehealthcare](https://www.facebook.com/Nottinghamshirehealthcare) [@NottsHealthcare](https://twitter.com/NottsHealthcare)

Text the Healthy Family Teams for confidential advice and support: **07520 619919**

Or ring our advice line to speak to a member of the Healthy Family Teams: **0300 123 5436**

Nottinghamshire County Council Parentline ChatHealth

Speech and Language



Do you have any questions or concerns about your child's talking or communication?

We are happy to help,
please call the advice line on:

0300 123 3387
OPTION 1



Health For Kids Website



This website offers a fun, engaging and interactive way for children to learn about health. It links parents and children to appropriate health and wellbeing services.

You can download articles into other languages at the click of a button on the ReachDeck task bar.

How to translate the website

You can translate the website using the symbol highlighted in the image below. By clicking on this symbol, you open an options menu with different languages. Once you select the language of preference, the page will be automatically translated.



HAVE FUN



www.healthforkids.co.uk