

THIS WEEK'S TOPIC IS

THINKING ABOUT LANGUAGE AND COMMUNICATION



Why is communication so important?

Teaching children to communicate in a respectful way and to think about the impact of their language choices is an integral part of building relationships as they get older.

What language should we teach children not to use?

1. Don't use abusive language such as name calling or teasing especially about things people can't choose such as weight, hair colour or sexuality.
2. Don't swear especially if you are angry, swearing can be intimidating and arguments can escalate.
3. Don't shout or raise your voice. If you feel that you are getting angry, use calm down techniques or walk away if you can.

As your child's most important teacher, how you model the use of respectful language and communication is key to their development.



Stopping gossip.

Talking to your child about gossip and how it can affect people negatively is an important conversation to have. There are two points to make; the first is that if we hear gossip, we shouldn't pass it on as it can be very detrimental to other's mental health. The second point is that if gossip is spread about you, we mustn't let it affect our self-esteem.