

THIS WEEK'S TOPIC IS SELF RESPECT

The self-respect journey

Self-respect means to know you have worth and is one of the most important factors that prevent us from being in abusive relationships or putting ourselves in unsafe positions. In Year 5 and 6, we discuss self-respect and ask children to choose self-respect targets from this flow diagram. As a parent, you can talk to your children about self-respect at any age, use the flow diagram to help you have a discussion that you feel is pertinent to your child.



The Responsible Behaviour Curriculum