

THIS WEEK'S TOPIC IS LISTENING SKILLS

Listening is a life skill

- In life, we need to actively listen to take in information and respond well. It is an important social skill for all ages.
- Starting to work on children's listening skills at a young age can help them with communication as they grow up.



How to be listened to

- Face your child and try to be on their level.
- Do away with 'don't' – use positive reinforcement if you can – 'please sit sensibly' or 'please share with your sister'.
- Give commands one at a time (or at an age-appropriate level).

How to listen well

- Face your child and try to have eye contact.
- Look out for non-verbal clues such as body language and facial expressions.
- Try not to interrupt but ask questions.
- Show you are listening by smiling and nodding or saying okay.
- Summarise at the end to show you understood.



The Responsible Behaviour Curriculum